

Tennis for Life Tennis Club

WELFARE  
OFFICER



#### NAME

Rachel Farrow

#### CONTACT

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#### ABOUT ME

Throughout her life, Rachel has been involved in sport; as a player; as a coach and as a teacher. She has always wanted others to enjoy their chosen activity and to help them achieve their personal goals, just as she had done. She has been involved with Town Teams and County Teams, as a player and as a coach, in a wide variety of sports: netball, basketball, volleyball, athletics, hockey, tennis, to mention a few. She has coached both boys and girls; men and women; able bodied and players with disabilities.

Rachel has taken on the role of Safeguarding and Welfare Officer and hopes that she will be able to help you all if you have any problems that can't be sorted out with Tennis for Life. She will be there to listen and help if you need her.